

# Apricot Pistachio Oatmeal To Go



## Ingredients

- 1/3 cup Quaker® Oats-Quick 1-Minute Oats
- 1/2 tsp light brown sugar
- 2 tsp dried milk powder
- 1 tbsp dried apricots, chopped
- 2 tsp sunflower seeds
- 1 tsp pistachios
- Pinch of sea salt
- 2/3 cup water (for serving)

## How to make it

1. Place all ingredients except the water in a small zip top bag.
2. To serve, empty contents of bag into a mug or bowl, add the water and microwave for 2 minutes.
3. Let sit for 2 minutes before eating.

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
3 min	2 min	5 min	1

## Made with



Quaker® Oats-Quick 1-Minute Oats