

Balsamic Chicken Rice Salad

Ingredients

- 1 can (20 oz) Pineapple Tidbits
- 1 package (6.9 oz) RICE-A-RONI® Chicken
- 12 oz shredded chicken
- 1/2 cup diced carrots
- 1/4 cup sunflower seeds
- 1/4 cup pepitas
- 1/4 cup slivered almonds
- 1 cup frozen peas
- 1/4 cup bottled white balsamic dressing

How to make it

1. Drain pineapple tidbits; reserve juice.
2. Prepare rice-pasta mixture, according to package directions, using reserved pineapple juice, and water to make 2 cups. Cool to room temperature.
3. Combine pineapple tidbits, chicken, carrots, sunflower seeds, pepitas, almonds, and peas, in large bowl.
4. Stir in cool rice. Pour balsamic dressing over salad; toss to coat. Garnish rice salad with leafy lettuce, if desired.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
15 min	15 min	30 min	4

Made with



RICE-A-RONI® Chicken