

Banana Berry Peanut Butter Oatmeal Smoothie



Ingredients

- 1/4 cup Quaker® Oats (quick or old fashioned, uncooked)
- 1/2 frozen banana
- 1/2 cup blueberries
- 2 tbsp peanut butter
- 1/2 cup low-fat milk
- 1 tbsp honey
- 1/2 cup ice

How to make it

1. Place all ingredients in a blender and blend until smooth. Garnish with additional sliced bananas and oats, if preferred.

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	2

Made with



Quaker® Oats-Old Fashioned