

Banana Nut Overnight Oats

Ingredients

- 1 ½ ripe bananas, sliced, divided
- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup lowfat milk
- 1 tbsp Greek yogurt
- 2 tsp honey
- 1/2 tsp ground cinnamon
- 1/8 tsp ground nutmeg
- 1/4 tsp pure vanilla extract
- 2 tbsp walnuts, chopped

How to make it

1. Add Quaker® Oats to your container of choice and pour in milk.
2. Layer Greek yogurt, bananas, honey, ground cinnamon, nutmeg, vanilla on top and sprinkle with walnuts.
3. Refrigerate overnight and enjoy in the morning.
4. Let steep for at least 8 hours in a refrigerator 40°F or colder.
5. Best to eat within 24 hours.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

Made with



Quaker® Oats-Old Fashioned