

Bare® Cinnamon Apple Energy Bites

Ingredients

- 1 bag (3.4 oz) Cinnamon Apple
- 3/4 cup Quaker® Oats-Old Fashioned
- 1/3 cup almond butter
- 8 pitted dates
- 2 tsp apple cider vinegar
- 2 tsp vanilla extract
- Pinch salt

How to make it

1. In food processor, pulse Bare® Cinnamon Apple Chips until finely ground. Remove 1/4 cup ground chips and reserve for Step 4.
2. To remaining ground chips, add oats, almond butter, dates, 2 tbsp water, apple cider vinegar, vanilla and salt to food processor. Mix until finely chopped and clumping together.
3. Roll energy balls in reserved ground apple chips.
4. Roll mixture into 1-tbsp balls and arrange on parchment paper-lined baking sheet. Refrigerate for 30 to 60 minutes or until firm.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
20 min	0 min	20 min	24

Made with



Cinnamon Apple