

# Carrot Cake Overnight Oats



## Ingredients

- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup lowfat (1%) milk
- 1/4 cup carrot, shredded
- 1 tbsp maple syrup
- 2 tbsp chopped pecans (optional)
- 1/4 tsp ground cinnamon

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

## How to make it

1. Add Quaker® Oats to your container of choice, pour in milk, and layer carrot, maple syrup, and pecans.
2. Sprinkle with cinnamon, place in the refrigerator, and enjoy in the morning or a few hours later.
3. Let steep for at least 8 hours in a refrigerator 40°F or colder.
4. Best to eat within 24 hours.

## Made with



Quaker® Oats-Old Fashioned