Chocolate Almond Butter Overnight Oats with Bananas

Ingredients

- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup low-fat milk
- 1/4 cup plain yogurt
- 1 tbsp almond butter
- 1/2 banana, sliced
- 1 tbsp dark chocolate, chopped
- 1 tsp chia seeds
- 1 tbsp honey
- Pinch sea salt

How to make it

- Add Quaker® Oats to a container of your choice and pour in milk.
- 2. Alternate between layers of yogurt, almond butter, and banana.
- 3. Top with dark chocolate, chia seeds, and honey.
- 4. Refrigerate overnight and enjoy in the morning! Top with additional dark chocolate, sliced almonds, and maple syrup if desired.
- 5. Let steep for at least 8 hours in a refrigerator 40°F or colder.
- 6. Best to eat within 24 hours.



PREP	COOK	TOTAL	SERVINGS
TIME	TIME	TIME	
5 min	0 min	5 min	1

Made with



Quaker® Oats-Old Fashioned