

Chocolate Almond Energy Bites

Ingredients

- 3 cups Quaker® Life® Chocolate Cereal
- 2 tbsp chia seeds
- 1/3 cup almond butter (see note)
- 1 tbsp honey
- 2 tbsp water
- 1 tsp vanilla extract
- 2 tbsp sliced almonds, toasted if desired

How to make it

1. Place cereal and chia seeds in large bowl; coarsely crush cereal.
2. In small bowl, stir together almond butter, honey, water and vanilla until smooth.
3. Add to cereal; stir with rubber spatula until well combined.
4. Spray muffin pan cups with nonstick spray or line with cupcake liners.
5. Press 2 tbsp cereal mixture into each cup.
6. Sprinkle with sliced almonds (about 1/2 tsp per bite), pressing gently into cereal mixture, if using.
7. Refrigerate covered until firm.
8. Store leftovers in refrigerator up to one week.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	0 min	10 min	6

Made with



Life Cereal - Chocolate