

Chocolate Flavor Life® Cereal and Peanut Butter Apple Sandwiches from Beau Coffron (Lunchbox Dad)

Ingredients

- 1 cup Life Cereal - Chocolate
- 3 apples
- 1/4 cup peanutbutter or nut-free spread
- Cinnamon

How to make it

1. Cut apples into two round slices. Make sure to cut out the core in the middle of each slice. You can dip these in lemon juice to prevent browning if you won't be eating them right away.
2. Spread enough peanut butter on bottom slice to cover it.
3. Drop on Chocolate Flavor Life® Cereal. Put as much as you want but it's easier to eat if all the cereal sticks to the peanut butter.
4. Top with second apple slice. Sprinkle on cinnamon to taste.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	0 min	10 min	3

Made with



Life Cereal - Chocolate