

# Cornmeal Mush

## Ingredients

- 4 cups water
- 1 tsp salt
- 1 cup Quaker® Yellow or White Corn Meal



PREP  
TIME  
5 min



COOK  
TIME  
5 min



TOTAL  
TIME  
10 min



SERVINGS  
4

## How to make it

1. Bring 3 cups of water to a boil.
2. Combine the remaining 1 cup water, corn meal and salt; slowly pour into boiling water, stirring constantly.
3. Cook until thickened, stirring frequently.
4. Cover, continue cooking over low heat 5 minutes; stir.
5. Serve hot with milk and syrup or with margarine, salt and pepper.

## Made with



Quaker® - White Corn Meal