

# Double Chocolate Oatmeal Mug Cake

## Ingredients

- 2 tsp semi-sweet chocolate chips
- 1 tsp canola oil
- 2 tbsp nonfat milk
- 1 egg white, lightly beaten
- 1/4 tsp vanilla extract
- 4 tbsp Quaker® Oats (quick or old fashioned, uncooked), divided
- 2 tbsp self-rising flour
- 1 ½ tbsp packed brown sugar
- 1 tbsp unsweetened cocoa powder

## How to make it

1. Place chocolate chips and oil in microwave-safe mug.
2. Microwave on HIGH 20 seconds to melt chips; stir.
3. Add milk, egg white and vanilla; whisk together with a fork until well blended.
4. Add 3 ½ tbsp of the oats, the flour, sugar and cocoa powder.
5. Whisk with fork to blend well, scraping sides and bottom of mug with rubber spatula.
6. Sprinkle with remaining 1/2 tbsp oats.
7. Microwave on HIGH 60 to 80 seconds until risen and just firm to the touch.
8. Let stand 3 to 5 minutes before serving.



PREP  
TIME  
5 min



COOK  
TIME  
2 min



TOTAL  
TIME  
7 min



SERVINGS  
1

## Made with



**Quaker® Oats-Old Fashioned**