

Dragon Fruit Overnight Oats

Ingredients

- 1/2 cup Quaker® Oats-Quick 1-Minute Oats
- 1 cup low fat vanilla yogurt
- 1/2 cup red dragon fruit puree
- 1 tsp honey
- 1 cup milk (optional)

How to make it

1. Combine together, let sit overnight.
2. Top to your taste with toppings like fresh fruit, pomegranate seeds & chia seeds.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

Made with



Quaker® Oats-Quick 1-Minute Oats