Dried Fruit Scones

Ingredients

- 1 ½ cups all-purpose flour
- 1 cup Quaker® Oats (quick or old fashioned, uncooked)
- 1 1/2 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp ground cinnamon
- 1/4 tsp salt (optional)
- 5 tbsp margarine, chilled and cut into pieces
- 1/3 cup finely chopped dried mixed fruit, dried cranberries or raisins
- 2/3 cup low-fat buttermilk
- 1/4 cup egg substitute or 2 egg whites, lightly beaten

How to make it

- 1. Heat oven to 400°F.
- 2. Lightly spray cookie sheet with cooking spray.
- In large bowl, combine flour, oats, sweetener or sugar, baking powder, baking soda, cinnamon and salt; mix well.
- 4. Cut in margarine with pastry blender or two knives until mixture resembles coarse crumbs.
- 5. Stir in dried fruit.
- Add combined buttermilk and egg substitute to flour mixture all at once; stir with fork just until dry ingredients are moistened. (Do not overmix)
- 7. Drop dough by 1/4 cup portions 2 inches apart onto cookie sheet.
- 8. Bake 12 to 15 minutes or until very light golden brown.
- 9. Serve warm.



PREP	COOK	TOTAL	SERVINGS
TIME	TIME	TIME	
10 min	15 min	25 min	10

Made with



Quaker® Oats-Old Fashioned