

FRITOS® Taco Salad

Ingredients

- 1/2 bag (9.25 oz bag) Fritos® Original Corn Chips
- 1 tbsp olive oil
- 1 lb lean ground beef
- 1 pkg (1 oz) taco seasoning
- 8 cups shredded lettuce
- 2 cups cherry tomatoes, halved
- 1 avocado, peeled, halved, pitted and chopped
- 1 cup chopped yellow bell pepper
- 1/2 cup tomato salsa
- 1/2 cup Catalina dressing
- 1 cup shredded cheddar cheese
- 1/4 cup finely chopped cilantro

How to make it

1. In large skillet set over medium-high heat, add oil. Add ground beef and taco seasoning; cook, stirring occasionally, for 5 to 8 minutes or until crumbled and starting to brown. Stir in 1/4 cup water; bring to a boil. Cook, stirring occasionally, for 3 to 5 minutes or until beef is cooked through and most of the liquid has been evaporated.
2. To large serving bowl, add lettuce, tomatoes, avocado, yellow pepper, salsa and dressing. Toss to combine. Toss in beef, FRITOS® Original Corn Chips and cheese until well combined. Garnish with cilantro. Serve immediately.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
15 min	15 min	30 min	4-6

Made with



Fritos® Original Corn Chips