

Fruity Muesli

Ingredients

- 2 cups Quaker® Oats (quick or old fashioned, uncooked)
- 2 cups apple juice or apricot nectar
- 1 ½ cups sliced fresh fruit (any combination of banana, peaches, nectarines or strawberries)
- 1 carton (8 oz) vanilla low-fat yogurt
- 2 tbsp chopped nuts (optional)

How to make it

1. Combine all ingredients except nuts; mix well.
2. Cover; refrigerate 8 hours or overnight.
3. Serve cold; sprinkle with nuts, if desired.
4. Refrigerate in airtight container up to 4 days.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

Made with



Quaker® Oats-Old Fashioned