

Golden Raisin Pistachio Energy Balls



Ingredients

- 2/3 cup Quaker® Oats (quick or old fashioned, uncooked)
- 1 cup pitted dates
- 1/4 cup golden raisins
- 2 tbsp flax seeds
- 1/2 cup pistachio nuts, roasted and salted
- 1 tbsp honey
- 1/2 tsp vanilla extract

How to make it

1. Combine all ingredients in the bowl of a food processor.
2. Mix until a sticky ball forms without over processing.
3. With slightly wet hands, roll a tablespoon of mixture into tight balls.
4. Refrigerate, covered, until chilled.
5. Store leftovers in refrigerator, covered.

| PREP TIME | COOK TIME | TOTAL TIME | SERVINGS |
|-----------|-----------|------------|----------|
| 10 min | 0 min | 10 min | 24 |

Made with



Quaker® Oats-Old Fashioned