

Maple Apple Oatmeal

Ingredients

- 3 cups apple juice
- 1/2 tsp ground cinnamon
- 1/4 tsp salt (optional)
- 1 ½ cups Quaker® Oats (quick or old fashioned, uncooked)
- 1/2 cup chopped fresh or dried apple
- 1/4 cup Original Syrup
- 1/2 cup chopped nuts (optional)

How to make it

1. In medium saucepan, bring juice, cinnamon, and salt if desired, to a boil; stir in oats, apple and syrup.
2. Return to a boil; reduce heat to medium.
3. Cook 1 minute for quick oats or 5 minutes for old fashioned oats or until most of juice is absorbed, stirring occasionally.
4. Stir in nuts, if desired.
5. Let stand until desired consistency.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	5 min	10 min	4

Made with



Quaker® Oats-Old Fashioned