

Maple Walnut Oatmeal

Ingredients

- 2 cups fat-free milk
- 2 tbsp Original Syrup
- 1/8 tsp salt (optional)
- 1/8 tsp maple extract (optional)
- 1 cup Quaker® Oats (quick or old fashioned, uncooked)
- 1 ½ tbsp chopped walnuts, toasted

How to make it

1. In medium saucepan, bring milk, 2 tbsp Pearl Milling Company™ Syrup and, if desired, salt and maple extract to a boil; stir in oats.
2. Return to a boil; reduce heat to medium. Cook 1 minute for quick oats or 5 minutes for old fashioned oats, or until most of liquid is absorbed, stirring occasionally. Let stand until desired consistency.
3. Spoon oatmeal into two cereal bowls. Top with walnuts and additional Pearl Milling Company™ Syrup, as desired.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	5 min	10 min	2

Made with



Original Syrup