

# Mashed Sweet Potatoes with Syrup

## Ingredients

- 2 ¼ lbs sweet potatoes, peeled, cut into 1-inch cubes
- 1/4 cup butter or margarine
- 2 tbsp Original Syrup
- 1/2 tsp ground cardamom\*

## How to make it

1. Add sweet potatoes to a large pot of boiling water.
2. Cook over medium heat approx. 10-15 minutes or until sweet potatoes are tender; drain well.
3. In mixer bowl, add sweet potatoes; mix on medium speed 1 minute or until fluffy.
4. Add butter, syrup and cardamom. Mix until well combined. Serve warm.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	10-15 min	15 min	6

## Made with



Original Syrup