

# Minty Dark Chocolate Energy Bites



## Ingredients

- 2/3 cup Quaker® Oats (quick or old fashioned, uncooked)
- 1 ½ cups pitted dates
- 2 tbsp flax seeds
- 3 tbsp honey
- 1/4 cup unsweetened cocoa powder
- 3/4 tsp peppermint extract

## How to make it

1. Place all ingredients in the bowl of a food processor.
2. Blend until ingredients form a sticky ball.
3. With slightly wet hands, form about a tablespoon each into a tight ball.
4. Refrigerate, covered, until chilled.
5. Store leftovers in refrigerator, covered.

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	0 min	10 min	24

## Made with



Quaker® Oats-Old Fashioned