

Oat Bran Muffins

Ingredients

- 2 cups Quaker® Oat Bran Cereal - Hot, uncooked
- 1/4 cup firmly packed brown sugar
- 2 tsp baking powder
- 1/2 tsp salt
- 1 cup fat free milk or 2% reduced fat milk
- 2 egg whites, slightly beaten
- 1/4 cup honey or molasses
- 2 tbsp vegetable oil
- 1 cup raisins
- 1/4 cup chopped walnuts

How to make it

1. Heat oven to 425°F.
2. Line 12 medium muffin cups with paper baking cups or spray bottoms only with no-stick cooking spray.
3. Combine dry ingredients; mix well.
4. Add combined milk, egg whites, honey and oil; mix just until dry ingredients are moistened.
5. Add walnuts and raisins, mix until just combined.
6. Fill prepared muffin cups $\frac{3}{4}$ full.
7. Bake 15 to 17 minutes or until golden brown.



PREP
TIME
10 min



COOK
TIME
15 min



TOTAL
TIME
25 min



SERVINGS
12

Made with



Quaker® Oat Bran Cereal - Hot