

# Orange Juice Oatmeal with Banana & Dates



## Ingredients

- 2 cups Tropicana Pure Premium® orange juice
- 1 cup water
- 1/4 tsp salt (optional)
- 1/8 tsp ground nutmeg
- 1 ½ cups Quaker® Oats (quick or old fashioned, uncooked)
- 3/4 cup chopped dates or raisins
- 1 medium-size ripe banana, mashed

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	5 min	10 min	4

## How to make it

1. In medium saucepan, bring juice, water, salt and nutmeg to a boil.
2. Stir in oats and dates.
3. Return to a boil; reduce heat.
4. Cook 1 minute for quick oats or 5 minutes for old fashioned oats or until most of liquid is absorbed, stirring occasionally.
5. Stir in banana.
6. Let stand until of desired consistency.

## Made with



Quaker® Oats-Quick 1-Minute Oats