

Overnight Oats 3 ways

Ingredients

- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup nonfat milk
- 1/2 cup strawberries, blueberries, or apples, chopped

How to make it

1. Add Quaker® Oats to your container of choice, pour in milk, and add sliced strawberries, blueberries or apples.
2. Refrigerate overnight and enjoy in the morning.
3. Let steep for at least 8 hours in a refrigerator 40°F or colder.
4. Best to eat within 24 hours.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

Made with



Quaker® Oats-Old Fashioned