

Peach Overnight Oats

Ingredients

- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup low-fat milk
- 1 tsp vanilla
- 2/3 cup peaches, sliced
- 2 tbsp honey
- 1 tsp cinnamon
- 2 tsp ground flax

How to make it

1. Add Quaker® Oats to your container of choice and pour in milk and vanilla.
2. Add a layer of peaches.
3. Top off with honey, cinnamon, and ground flax.
4. Place in fridge and enjoy in the morning or a few hours later.
5. Let steep for at least 8 hours in a refrigerator 40°F or colder.
6. Best to eat within 24 hours.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

Made with



Quaker® Oats-Old Fashioned