

Peanut Butter & Banana Energy Bites



Ingredients

- 2 ½ cups Quaker® Oats (quick or old fashioned, uncooked)
- 2 tbsp honey
- 1/4 cup creamy or chunky peanut butter
- 1 cup ripe mashed banana (about 2 large bananas)
- 1 tsp ground cinnamon

How to make it

1. Place oats and cinnamon in large bowl; stir to blend well.
2. Add mashed banana, peanut butter and honey.
3. Stir until ingredients are well blended.
4. Shape into 24 (about 1-inch diameter) balls.
5. Refrigerate, covered, until chilled.
6. Store leftovers in refrigerator, covered.

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	0 min	10 min	24

Made with



Quaker® Oats-Old Fashioned