

Peanut Butter Banana Overnight Oats



Ingredients

- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup low-fat milk
- 1 tsp chia seeds
- 1/4 tsp vanilla extract
- 1/2 tsp cinnamon
- 1/4 cup bananas, sliced
- 2 tbsp creamy peanut butter
- 1/2 tbsp honey

How to make it

1. Add Quaker® Oats to a container of your choice and pour in milk.
2. Mix in vanilla extract, chia seeds, and cinnamon.
3. Alternate between layers of peanut butter and layers of sliced banana.
4. Drizzle with honey.
5. Place in fridge and enjoy in the morning or a few hours later.
6. Let steep for at least 8 hours in a refrigerator 40°F or colder.
7. Best to eat within 24 hours.

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

Made with



Quaker® Oats-Old Fashioned