

Pineapple Basil Smoothie

Ingredients

PINEAPPLE BASIL SMOOTHIE

- 1/4 cup Quaker® Oats-Old Fashioned
- 1 ¼ cups oat milk
- 2 cups pineapple chunks; frozen
- 1 banana; frozen
- 1 tsp basil syrup

BASIL SYRUP

- 10-15 basil leaves
- 1/4 cup sugar
- 1/4 cup water; hot

How to make it

[title]PINEAPPLE BASIL SMOOTHIE

2. Add all the ingredients to a blender.
3. Blend until smooth.

[title]BASIL SYRUP

5. Add basil and sugar to a heat proof bowl.
6. Add boiling water.
7. Stir until the sugar has dissolved.
8. Let it cool, strain and use.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	4

Made with



Quaker® Oats-Old Fashioned