

# Pomegranate Oatmeal Bowl with Pumpkin Seeds



## Ingredients

- 1/2 cup of Quaker® Oats-Old Fashioned, uncooked
- 1 cup nonfat milk
- 1 pear, sliced
- 1/2 cup pomegranate seeds
- 1/4 cup pumpkin seeds
- 1/2 tsp cinnamon

## How to make it

1. Directions: Cook oats as directed on packaging and add toppings.
2. Enjoy!

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	5 min	10 min	1

## Made with



Quaker® Oats-Old Fashioned