

POPCORNER[®] Easy Artichoke Dip

Ingredients

- 1 ½ cups nonfat cottage cheese
- 2 tbsp all-purpose flour
- 1 tsp freshly grated lemon zest
- 1 tbsp freshly squeezed lemon juice
- 1 ½ tsp Worcestershire sauce
- 2 cloves garlic, minced
- 1/2 tsp salt
- 1/2 tsp black pepper
- 2 cans (each 14 oz) water-packed artichoke hearts, drained well
- 2/3 cup grated Parmesan cheese, divided
- 4 scallions, finely chopped and divided
- 1 bag (5 oz) WHITE CHEDDAR

How to make it

1. Preheat oven to 400°F. Grease 8-inch square baking dish.
2. To food processor or high-speed blender, add cottage cheese, flour, lemon zest, lemon juice, Worcestershire sauce, garlic, salt and pepper. Blend until smooth. Add artichokes, half the Parmesan cheese and half the scallions; pulse until coarsely ground and chunky.
3. Scrape artichoke mixture into prepared baking dish; smooth top. Sprinkle with remaining Parmesan cheese.
4. Bake for 20 to 25 minutes or until top is golden and edges are bubbly.
5. Garnish with remaining scallions. Serve with POPCORNERS[®] White Cheddar for dipping.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	20 min	30 min	4-6

Made with



WHITE CHEDDAR