

Quaker® Pineapple Banana Protein Smoothie

Ingredients

- 1 pack Quaker® Protein Instant Oatmeal - Banana Nut
- 1 cup orange juice
- 1 cup frozen pineapple chunks
- 1/2 cup yogurt, plain
- 1 ½ ginger powder, spice

How to make it

1. Blend all ingredients until the mixture has reached desired thickness (if too thick, add additional juice as desired).



PREP
TIME
5 min



COOK
TIME
0 min



TOTAL
TIME
5 min



SERVINGS
2

Made with



Quaker® Protein Instant Oatmeal -
Banana Nut