

Quinoa Blend With Fresh Spinach, Tomato and Garlic

Ingredients

- 1 package Near East® Quinoa Blend Roasted Red Pepper & Basil
- 1 ¾ cups water
- 2 garlic cloves, minced
- 1 tsp olive oil
- 1/2 tsp dried oregano
- 1 cup lightly packed fresh baby spinach leaves
- 1/2 cup grape tomatoes, halved

How to make it

1. In medium saucepan combine quinoa/brown rice blend, water, garlic, olive oil and oregano; bring to a boil.
2. Reduce heat to medium-low; add contents of Spice Sack and stir well.
3. Boil gently for 14-17 minutes or until water is absorbed.
4. Remove from heat; stir in spinach and tomatoes. Cover and let stand 5 minutes. Fluff with fork before serving.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	25 min	30 min	4

Made with



Near East® Quinoa Blend Roasted Red Pepper & Basil