

# Savory Sausage, Onion & Pepper Oatmeal



## Ingredients

- 1/4 cup Quaker® Steel Cut Oats - Quick 3-Minute
- 1 cup low-sodium broth
- 1/4 cup sautéed onions
- 1/4 cup sautéed bell peppers
- 1 turkey sausage link, cooked and sliced
- 2 tbsp shredded Parmesan
- Crushed red pepper flakes, to taste

## How to make it

1. In medium saucepan, bring low-sodium broth to gentle boil (watch carefully); stir in oats.
2. Return to boil; reduce heat to medium.
3. Cook 1 minute, or until most of liquid is absorbed, stirring occasionally.
4. Remove oatmeal from heat.
5. Stir in onions, bell peppers, turkey sausage, Parmesan and red pepper flakes (optional).

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	5 min	10 min	1

## Made with



Quaker® Steel Cut Oats - Quick 3-Minute