Spinach Salad

Ingredients

- 5 oz baby spinach
- 2 oz blue cheese, crumbled
- 1/2 cup Granny Smith
- 1/4 cup thinly sliced red onion
- 2 stalks celery, thinly slices
- 1/2 cup Granny Smith
- 1/2 cup 100% apple juice
- 2 tbsp apple cider vinegar
- 1 tbsp olive oil
- 3 slices uncured bacon, chopped
- 1 tbsp Dijon or whole grain mustard
- 1 shallot, finely chopped
- 1/4 tsp fresh ground black pepper

How to make it

- 1. To prepare dressing, combine 1/2 cup apple chips with apple juice and cider vinegar in a small bowl. Set aside to soften.
- In a medium skillet, cook bacon in olive oil until crisp. Remove bacon from skillet with slotted spoon.
- Add shallot to pan and cook until softened.
 Whisk in mustard, pepper and apple mixture to pan and cook for 1-2 minutes until heated through.
- 4. Place warm dressing in a large bowl.
- 5. Add spinach, red onion and celery. Toss well to coat with dressing.
- Divide salad between 4 plates, topping each portion with blue cheese, bacon and apple chips. Serve immediately.



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PREP TIME	COOK TIME	TOTAL TIME	SERVING	
10 min	10 min	20 min	4	

Made with



Granny Smith