

Spinach Salad

Ingredients

- 5 oz baby spinach
- 2 oz blue cheese, crumbled
- 1/2 cup Granny Smith Apple
- 1/4 cup thinly sliced red onion
- 2 stalks celery, thinly slices
- 1/2 cup Granny Smith Apple
- 1/2 cup 100% apple juice
- 2 tbsp apple cider vinegar
- 1 tbsp olive oil
- 3 slices uncured bacon, chopped
- 1 tbsp Dijon or whole grain mustard
- 1 shallot, finely chopped
- 1/4 tsp fresh ground black pepper

How to make it

1. To prepare dressing, combine 1/2 cup apple chips with apple juice and cider vinegar in a small bowl. Set aside to soften.
2. In a medium skillet, cook bacon in olive oil until crisp. Remove bacon from skillet with slotted spoon.
3. Add shallot to pan and cook until softened. Whisk in mustard, pepper and apple mixture to pan and cook for 1-2 minutes until heated through.
4. Place warm dressing in a large bowl.
5. Add spinach, red onion and celery. Toss well to coat with dressing.
6. Divide salad between 4 plates, topping each portion with blue cheese, bacon and apple chips. Serve immediately.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	10 min	20 min	4

Made with



Granny Smith Apple