

Strawberries & Cream "Chilled" Oats



Ingredients

- 1 packet Quaker® Instant Oatmeal - Strawberries and Cream
- 2/3 cup yogurt (Greek, plain or vanilla)
- 1 tbsp seeds (flax, sunflower, chia, or pumpkin seeds)

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

How to make it

1. Empty dry oatmeal packet into yogurt and add your favorite seeds.
2. Stir to combine and enjoy for a "chilled" oatmeal treat!
3. Garnish with fresh strawberries (optional).

Made with



Quaker® Instant Oatmeal - Strawberries and Cream