

# Strawberry Banana Smoothie Bowl

## Ingredients

- 2 bananas
- 4 dates, pitted
- 2 tbsp almond butter
- 1/2 tsp vanilla extract
- 1/2 cup Greek yogurt
- 1 cup naked strawberry banana smoothie
- 1/2 cup Quaker® Oats-Old Fashioned rolled oats
- 1 tbsp ground flax seeds
- 1 tsp pumpkin pie spice
- 1/4 cup toasted sliced almonds

## How to make it

1. Reserve HALF of one banana and set aside for plating.
2. Peel and slice the remaining bananas. Place on a plate in the freezer for at least 30 minutes.
3. In a blender, combine frozen bananas, dates, almond butter, vanilla extract, only 1/2 cup of yogurt, and only 1 cup of Naked Strawberry Banana Smoothie. Blend for a few seconds.
4. Add the oats, flax, and pumpkin pie spice and blend until smooth and creamy, about 1 minute. Add 1/2 to 3/4 cup of water depending on preferred thickness.
5. Peel and slice the remaining banana for garnish.
6. Divide the smoothie between four bowls. Top with toasted almonds and sliced banana.
7. Enjoy!



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	0 min	10 min	4

## Made with



**Quaker® Oats-Old Fashioned**