

Strawberry Blueberry Overnight Oats



Ingredients

- 1 cup Quaker® Oats-Old Fashioned
- 1 cup almond milk
- 12 strawberries
- 1/4 tsp ground cinnamon
- 1/4 cup maple syrup
- 1 package blueberries

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	2

Made with

How to make it

1. Remove the stems from strawberries and discard.
2. Slice the strawberries into quarters lengthwise; set aside.
3. Layer the Quaker® Oats, almond milk, cinnamon, blueberries, strawberries and maple syrup into two bowls or jars with lids.
4. Cover and place in refrigerator and let sit for at least 5 hours or up to 12 hours.
5. When ready to eat, remove from the refrigerator and stir if desired or leave as a parfait.
6. Enjoy!



Quaker® Oats-Old Fashioned