

# Vegetable Turmeric Instant Oatmeal

## Ingredients

- 1 packet Quaker® Organic Instant Oatmeal - Original
- 2/3 cup water
- 1/2 cup spinach, chopped
- 1/4 cup tomatoes, chopped
- 1 tbsp nutritional yeast
- 1/2 tsp ground turmeric
- 1/8 tsp salt
- 1/8 tsp black pepper
- 1/8 tsp garlic powder

## How to make it

1. To a bowl, add oats and water to a bowl; stir. Microwave for 1-2 minutes.
2. Add spinach, tomatoes, nutritional yeast, turmeric, salt, pepper, and garlic powder; stir.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
3 min	2 min	5 min	1

## Made with



Quaker® Organic Instant Oatmeal - Original