

Whole Grain Muffins

Ingredients

- 2 cups Aunt Jemima Whole Wheat Blend Pancake & Waffle Mix
- 1/2 tsp ground cinnamon
- 1/3 cup honey
- 1 egg
- 1/4 cup vegetable oil

How to make it

1. Heat oven to 425°F.
2. Line 12 medium muffin cups with paper baking cups or oil bottoms only.
3. Combine mix and cinnamon.
4. Add combined remaining ingredients, mixing just until moistened.
5. Fill muffin cups 3/4 full.
6. Bake 15 to 18 minutes or until golden brown.
7. 1 DOZEN CHOLESTEROL VARIATION:
Substitute 2 egg whites or 1/4 cup egg substitute for whole egg.



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	15 min	20 min	12

Made with